



**KNIGHTS OF COLUMBUS**  
**"ALL YOU CARE TO EAT"**  
**LENTEN FISH FRIES**

**February 20, 27**

**&**

**March 6, 13, 20, 27**

**Gallagher Hall – 5:00-7:00PM**

**Adults - \$16.00**

**Children - \$10.00**

*Bring the family and friends  
for the best fish in the area!*

**Stations of the Cross**

**EVERY FRIDAY OF LENT**

**(FEBRUARY 20, 27**

**MARCH 6, 13, 20 & 27)**

**6:00 P.M. IN CHURCH**

**\*GOOD FRIDAY, APRIL 3**

**AT 12:15PM**

*Bring all your friends and  
the entire family. Before or  
afterwards, enjoy the best fish  
around in Gallagher Hall.*



**THE FIRST STATION**

**Jesus is condemned  
to die.**



**Lent**

As the season of Lent approaches, it is helpful to recall the discipline of the Church with regard to **FAST, ABSTINENCE, and other forms of PENANCE.**

1. Ash Wednesday and Good Friday are days of fast and abstinence. The law of fasting allows one full meal and two smaller ones. The law of abstinence prohibits the eating of meat.
2. The Fridays of Lent are days of abstinence in the United States.
3. The obligation of abstinence begins at age 14. The law of fasting obliges all between the ages of 18-59.
4. Pastors and parents are to see to it that minors, though not bound by the law of fast and abstinence, are educated in the authentic sense of penance and encouraged to do acts of penance suitable to their age.
5. All members of the Christian faithful are encouraged to do acts of penance and charity during the Lenten season beyond what is prescribed by Law.



Lord help us to focus on You and not allow materialism, success and good living blind us to our need for You to be the centre of our lives. Help us to thank you each day for the good things you give to us and to be mindful of those who have so very little. In this period of Lent give us the courage and strength to share with others, those in most need of the very bare essentials. Help us to recognize in every human being Your Divine Presence, yes even those we despise or see as 'worthless'. In Your eyes, Lord, they are as precious as gold and loved by You to the fullest.

**Amen.**